

THE  
DON RISO  
AND  
RUSS HUDSON  
QUEST

*The  
Quick  
Enneagram  
Sorting  
Test*

INSTRUCTIONS:

For the QUEST to yield the correct result, it is important that you read and follow these few simple instructions:

- ▶ Select **one** paragraph in each of the following two groups of statements that best reflects your general attitudes and behaviors, as you have been most of your life.
- ▶ You do not have to agree completely with every word or statement in the paragraph you select! You may agree with only 80 to 90% of a particular paragraph and still select that paragraph over the other two in the group. However, you should agree with the general tone and overall “philosophy” of the paragraph you select. You will probably disagree with some part of each of the paragraphs. Do not reject a paragraph because of a single word or phrase! Again, look at the overall picture.
- ▶ Do not over analyze your choices. Select the paragraph that your “gut feeling” says is the right one for you, even though you may not agree with 100% of it. The general thrust and feeling of the paragraph as a whole is more important than individual elements of it. Go with your intuition.
- ▶ If you cannot decide with paragraph best fits you in one of the groups, **you may make two choices** but **only in one group**; for example: C in Group I, and X and Y in group II.
- ▶ Enter the letter you have selected for that group in the appropriate box.

GROUP I

**A.** I have tended to be fairly independent and assertive: I’ve felt that life works best when you meet it head on. I set my own goals, get involved and want to make things happen. I don’t let people push me around, either. Most of the time I know what I want and I go for it. I tend to work hard and to play hard.

**B.** I have tended to be quiet and am used to being on my own. I usually don’t draw much attention to myself socially, and it’s generally unusual for me to assert myself all that forcefully. I don’t feel comfortable taking the lead or being as competitive as others. Many would probably say that I’m something of a dreamer – a lot of my excitement goes on in my imagination. I can be quite content without feeling I have to be active all the time.

**C.** I have tended to be extremely responsible and dedicated. I feel terrible if I don’t keep my commitments and do what’s expected of me. I want people to know that I’m there for them and that I’ll do what I believe is best for them. I’ve often made great personal sacrifices for the sake of others, whether they know it or not. I often don’t take adequate care of myself – I do the work that needs to be done and relax (and then do what I really want) if there’s time left.

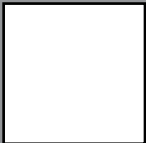
GROUP I  
CHOICE

## GROUP II

**X.** I am a person who usually maintains a positive outlook and feels that things will work out for the best. I can usually find something to be enthusiastic about and different ways to occupy myself. I like being around people and helping others to be happy – I enjoy sharing my own well-being with them. (I don't always feel great but I try not to show it to anyone!) However, staying positive has sometimes meant that I've put off dealing with my own problems for too long.

**Y.** I am a person who has strong feelings about things – most people can tell when I'm unhappy about something. I can be guarded with people, but I'm more sensitive than I let on. I want to know where I stand with others and who and what I can count on – it's pretty clear to most people where they stand with me. When I'm upset about something, I want others to respond and to get as worked up as I am. I know the rules, but I don't want people telling me what to do. I want to decide for myself.

**Z.** I tend to be self-controlled and logical – I am uncomfortable dealing with feelings. I am efficient – even perfectionistic – and prefer working on my own. When there are problems or personal conflicts, I try not to bring my feelings into the situation. Some say I'm too cool and detached, but I don't want my emotional reactions to distract me from what's really important to me. I usually don't show my reactions when others "get to me".



GROUP II  
CHOICE

## INTERPRETING THE QUEST

Together the two letters you have selected form a two-letter code. For example, choosing paragraph C in Group I and paragraph Y in Group II produces the two-letter code CY. To find out which basic personality type the QUEST indicates you are, see the QUEST codes to the right.

<i>2-Digit Code</i>	<i>Type</i>	<i>Type Name and Key Characters</i>
<b>AX</b>	<b>7</b>	<b>The Enthusiast</b> – Upbeat, accomplished, impulsive
<b>AY</b>	<b>8</b>	<b>The Challenger</b> – Self-confident, decisive, domineering
<b>AZ</b>	<b>3</b>	<b>The Achiever</b> – Adaptable, ambitious, image-conscious
<b>BX</b>	<b>9</b>	<b>The Peacemaker</b> – Responsive, reassuring, complacent
<b>BY</b>	<b>4</b>	<b>The Individualist</b> – Intuitive, aesthetic, self-absorbed
<b>BZ</b>	<b>5</b>	<b>The Investigator</b> – Perceptive, innovative, detached
<b>CX</b>	<b>2</b>	<b>The Helper</b> – Caring, generous, possessive
<b>CY</b>	<b>6</b>	<b>The Loyalist</b> – Engaging, responsible, defensive
<b>CZ</b>	<b>1</b>	<b>The Reformer</b> – Rational, principled, self-controlled